



GREEN BAG MEALS

WEEK 4 MENU

**ALL LUNCH AND DINNER COME WITH SIDE SALAD*

MONDAY MENU

BREAKFAST

Pancakes
Eggs w/Cheese
Sausage

LUNCH

Grilled Cheese
Tomato Soup
Pasta Salad

DINNER

Swedish Meatballs
Egg Noodles
Dinner Rolls

TUESDAY MENU

BREAKFAST

Biscuits
Sausage Patties w/Gravy
Eggs w/Cheese

LUNCH

Chicken Tenders
Potato Wedges

DINNER

Meatloaf
Mashed Potatoes
Veggies

WEDNESDAY MENU

BREAKFAST

Chocolate Chip Pancakes
Bacon
Roasted Potatoes or Hash Browns

LUNCH

Burgers
Tater Tots

DINNER

Chicken Carbonara
Rice Pilaf
Veggies

THURSDAY MENU

BREAKFAST

French Toast
Sausage Links
Eggs w/Cheese

LUNCH

Philly Steaks
Steak Fries w/Brown Gravy

DINNER

Stuffed Shells
Garlic Bread
Cookies

FRIDAY MENU

BREAKFAST

Eggs w/Cheese & Vegetables
Bacon
Croissants or Danish
Grits

LUNCH

BBQ Chicken
Mac 'n Cheese
Baked Potato Chips

DINNER

Sausage and Peppers
Orzo

SATURDAY MENU

BREAKFAST

Eggs w/Cheese
Sausage Links
Croissants or Danish
Oatmeal

LUNCH

Burgers
Mozzarella Sticks
Cookies

DINNER

Chicken Cutlet Parm
Rotini Pasta
Dinner Rolls

SUNDAY MENU

BREAKFAST

Eggs w/ Cheese
Bagels
Bacon
Grits

LUNCH

Cold Cut Platter
Fresh Hoagies
Pasta Salad

DINNER

Lasagna
Garlic Bread
Cookies